

Lutheran FAQ:

How do Lutherans Celebrate Communion?

How does your congregation receive communion? Dip? Sip? Little cups?

Have you ever distributed communion? How did it go?

How often does your congregation celebrate Communion? _____

What dishes and cloths are in your congregation's communion set? (Paten? Chalice? Flagon? Ciborium? Burse? Pall? Purificator? Chasuble?) _____

Have you taken Communion at another congregation? What was the same as at your home church? What was different? _____

What helps you get ready to receive Holy Communion? _____

How is Holy Communion like a family meal at your house? How is it different? _____

Pay attention to how communion flows next time it's celebrated. How does it work? Do any visitors know what to do? How many people are involved? What emotions do you see or feel? Where is God most present? _____

Lutheran FAQ:

How do Lutherans Celebrate Communion?

How often does your congregation celebrate Communion? How do you usually distribute the elements? _____

Have you helped distribute Communion? How did it go? _____

What dishes and cloths are in your congregation's communion set? (Paten? Chalice? Flagon? Ciborium? Burse? Pall? Purificator? Chasuble?) _____

Have you taken Communion at another congregation? What was the same as at your home church? What was different? _____

What helps you get ready to receive Holy Communion? _____

How is Holy Communion like a family meal at your house? How is it different? _____

Pay attention to how communion flows next time it's celebrated. How does it work? Do any visitors know what to do? How many people are involved? What emotions do you see or feel? Where is God most present? _____

Deeper Dive:

- S. Anita Stauffer, *Altar Guild and Sacristy Handbook, Fourth Edition*. (Augsburg Fortress, 2014) is the gold standard for how to do all these things.
- Does your congregation make their own communion bread? Have you tried it? See if you can get the recipe and give it a go. Or Google the recipe for Luther Seminary's Communion Bread and make that. Experience making things that become God's holy self.