

# Lutheran FAQ: What is Communion About?

How does your worship space look when it's a communion Sunday? What about a non-communion Sunday?

What is your favorite kind of communion bread?

What name or names does Holy Communion go by in your church? (The Lord's Supper, the Eucharist, etc.) What does each name remind you about the sacrament? \_\_\_\_\_

---

---

Do you take Communion? When did you start? What do you remember learning about Communion, either before or after that? \_\_\_\_\_

---

We talk about Holy Communion as "a foretaste of the feast to come." What do you think the heavenly banquet will be like? Who are you looking forward to seeing there? \_\_\_\_\_

---

Because the bread and wine become Jesus, God becomes part of our bodies. What does it mean to you that God chooses to be part of your cells and your life? \_\_\_\_\_

---

Extra credit: Talk to someone in your Altar Guild about how they get ready for communion and how they clean up afterwards.

# Lutheran FAQ: What is Communion About?

How does your worship space look when it's a communion Sunday? What about a non-communion Sunday? \_\_\_\_\_

---

What name or names does Holy Communion go by in your church? (The Lord's Supper, the Eucharist, etc.) What does each name remind you about the sacrament? \_\_\_\_\_

---

Do you take communion? When did you start? What do you remember learning about communion, either before or after that? \_\_\_\_\_

---

At what age does your congregation welcome people to the altar? What is that like for you? \_\_\_\_\_

---

We talk about Holy Communion as "a foretaste of the feast to come." What do you think the heavenly banquet will be like? Who are you looking forward to seeing there? \_\_\_\_\_

---

Have you ever shared Communion on a home visit? Had Communion brought to you? What was it like? \_\_\_\_\_

---

## Deeper Dive:

- Talk to a member of your congregation's altar guild. How do they prepare for Holy Communion? How do they clean up afterwards?
- In *Evangelical Lutheran Worship*, Eucharistic prayers can be found on page 108 and following. Where do you see people giving thanks? Which ones are new to you? (More Eucharistic prayers and proper prefaces can be found in the *Leader's Desk Edition*, if you really want to dig in.)